

Glossary of the Braden QD Scale 2024

This guide can be used during an assessment using the Braden QD Scale

Category of Pressure Intensity and Duration

Mobility: Ability to independently change and control the position of the body or limbs.

Scores **0, 1, 2**

- 0- No limitation:** The patient can frequently change position without assistance.
- 1- Limited:** The patient has a reduced ability to change position or is unable to do so independently (e.g., infants).
- 2- Completely immobile:** The patient is totally immobile and unable to change position due to sedation, paralysis, or sensory deficits.

Sensory Perception: Ability to respond to stimuli such as voice, touch, or painful stimuli, according to developmental stage.

Scores **0, 1, 2**

- 0- No impairment:** The patient responds without sensory deficit.
- 1- Limited:** The patient has a reduced ability to feel or express discomfort due to sensory impairment.
- 2- Completely limited:** No response due to major sensory deficit or sedation.

Category of Skin and Underlying Structure Tolerance

Friction and Shear

Friction: Risk occurs when skin rubs against surfaces like bedding during patient repositioning.

Shear: Occurs when the skin and underlying bone structures move in opposite directions, especially during position changes in bed.

Scores **0, 1, 2**

- 0- No problem:** The patient can fully lift themselves without difficulty.
- 1- Potential problem:** The patient occasionally slides and requires assistance to lift.
- 2- Problem:** The patient frequently slides and requires moderate to maximum assistance for repositioning.

Nutrition: Assesses food intake over the past three days, considering calories, protein, BMI, albumin levels, and age-specific needs.

Scores **0, 1, 2**

- 0- Adequate:** Diet meets the patient's caloric and protein needs for growth and metabolism.
- 1- Limited:** The patient is not receiving a normal diet for their age, though intake is still sufficient.
- 2- Poor:** Insufficient intake of calories and protein to meet growth and metabolic needs.

Perfusion and Oxygenation : Assessed by measuring blood pressure, oxygen saturation, and capillary refill time.

Scores **0, 1, 2**

- 0- Adequate:** Normal blood pressure and oxygen saturation; capillary refill < 2 seconds.
- 1- Potential problem:** Oxygen saturation below 95% or abnormal capillary refill.
- 2- Compromised:** Hypotension or hemodynamic instability with position changes.

Medical Device Categories

Number of Medical Devices: Includes all devices attached to or penetrating the patient's skin or mucous membranes. Assign 1 point per medical device, up to a maximum of 8 points.

Scores **0, 1, 2, 3, 4, 5, 6, 7, 8**

0 to 8 – Assign 1 point for each medical device, up to a total of 8.

Repositioning and Skin Protection: Assessment of the ability to move or rotate medical devices and protect the surrounding skin.

Scores **0, 1, 2**

0- No medical device: The patient does not have any medical device.

1- Potential problem: All medical devices can be repositioned and are protected.

2- Problem: One or more medical devices cannot be repositioned or properly protected.